

BLACK BELT ATTACKED AT KNIFE POINT

On a balmy Friday night, August 19, 2005, Evelyn Kapfer and a male friend were enjoying a casual stroll through Bible Park in South Denver. A stocky male assailant rushed upon the two, wielding a knife, and made an attempt at armed robbery.

But, unbeknownst to this attacker he had picked the wrong person to mug. Kapfer is a 3rd Dan (degree) black belt in World Federation Taekwondo (Kukkiwon certified), with eight years experience in the art. "Evelyn is one of those exceptional students – fast, flexible, and a tremendous athlete, but moreover a perfect example of the human qualities we foster in Taekwondo", says Master Robert Stevens, 7th Dan black belt and instructor of Ms. Kapfer.

The attacker clearly underestimated Kapfer, who stands 5'5" and 117 pounds. While her male companion stood frozen with fear, Kapfer moved with class and finesse executing a knife defense technique, locking the attacker in an incredibly painful position and causing him to drop the weapon. He then proceeded to plead for his personal safety.

Ironically one of the techniques practiced during class at the Denver Athletic Club the night before the attack was gun and knife defense. "I have practiced exclusively under Master Stevens, and give him credit for all of my abilities. Practicing Taekwondo has brought me to a level I thought I'd never reach – it has made me strong in spirit as well as body"

About:

Robert Stevens runs the Taekwondo program at the Denver Athletic Club (DAC), and at 39 years old is debatably the youngest 7th Dan (degree) Kukkiwon black belt in the world. Stevens teaches a highly effective style of Taekwondo that implements traditional values with modern techniques.

Contact: Robert Stevens, 720-281-5000